



SANGHAMITRA SCHOOL



SANGHAMITRA SCHOOL SAFETY CLUB is thankful to the **Society for Security Council of Cyberabad Police Commissionerate SCSC** for conducting an awareness session on **Substance Abuse on September 12th**, in the school auditorium. The speakers included

- Ms N Sunisha Psychologist, UTC trained De-addiction professional.
- Ms.Lalita Tims, SCSC Women's Forum and Education Vertical Programme Manager

Ms. Sunisha conducted an interactive session and created a lot of awareness of the need to recognise and differentiate between good choices and bad choices. The speaker also emphasized the importance of a disciplined lifestyle, and the determination to set and achieve goals. She also encouraged the students to seek help from adults, learn to deal with stress, develop hobbies, and avoid peer pressure.

Our second speaker Ms Lalitha Tims shared a video on the addiction process and how it destroys the youth. She cautioned students to be careful and not fall prey to peer pressure. The audio-visual

presentation was very effective and students understood the effects of substance abuse. An oath was administered to the students where they vowed not to fall prey to superficial attractions and to be away from addictions of any kind.

*Thank you Society for Security Council of Cyberabad Police
Commissionerate for the awareness session.*



